

# James W. Spradley D.D.S.

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## SURGICAL POST-OP INSTRUCTIONS

Dr. Spradley is always available for any questions or concerns you may have following your appointment. During business hours please call the office at: 281-373-5537  
Otherwise contact Dr. Spradley on his cell phone at: 281-658-2144

Following surgical endodontic therapy it is common to experience soreness, some swelling and bruising, as well as the oozing of blood from the surgical site.

The gauze in your mouth may be removed 45 minutes after the surgery and no additional gauze should be needed. If the oozing of blood is bothersome, a wet tea-bag may be gently placed on the surgical area.

If you are able to take ibuprofen (Advil), 400mg is recommended every six hours, along with 500mg of acetaminophen (Tylenol) every six hours. Dr. Spradley may prescribe further medication if pain is persisting. Do not add any other medications that were not listed and discussed on your medical history without Dr. Spradley's knowledge to avoid interactions and overdoses.

Remember that part of your mouth is numb and you should avoid eating until it feels normal to prevent biting of your tongue and cheek.

In order to facilitate healing please adhere to the following instructions. During the next five days do not smoke, do not drink through a straw, do not drink or eat anything extremely hot, and do not brush in the area of the sutures that were placed. You may brush in the other areas of your mouth and use a warm salt water rinse in the surgical area to keep it clean.

The sutures that are present should fall out on their own, and if they are still in the mouth when you return for your one week follow up appointment we will remove them at that time.

Please contact us if you experience an allergic reaction to any medication.

Dr. Spradley would like you to return for a recall in one year for an exam and radiograph of the tooth to confirm its health. The visit takes five minutes and there is no charge to you or your insurance.