

# James W. Spradley D.D.S.

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## ROOT CANAL THERAPY POST-OP INSTRUCTIONS

Dr. Spradley is always available for any questions or concerns you may have following your appointment. During business hours please call the office at: 281-373-5537  
Otherwise contact Dr. Spradley on his cell phone at: 281-658-2144

Although some patients will not experience any discomfort, some aching and tenderness is not unusual as your body goes through the healing process. Your jaw muscles may also be sore from staying open during the procedure. These symptoms can peak over a period of three to five days. However, over-the-counter medication is typically all that is needed to relieve them. If you are able to take ibuprofen (Advil), 400mg is recommended every six hours, along with 500mg of acetaminophen (Tylenol) every six hours. Dr. Spradley may prescribe further medication if pain is persisting. Do not add any other medications that were not listed and discussed on your medical history without Dr. Spradley's knowledge to avoid interactions and overdoses.

Remember that part of your mouth is numb and you should avoid eating until it feels normal to prevent biting of your tongue and cheek.

You must return to your regular dentist for the permanent restoration as soon as they will see you. Try not to chew or bite on the treated tooth until then because of the interim restoration that is present. The interim restoration will wear away slowly between appointments. If the entire restoration comes out, contact our office or your regular dentist.

Be sure to brush and floss your teeth normally, unless instructed otherwise.

**Please contact us if you experience:**

- Any swelling
- An allergic reaction to any medication
- A bite that is uneven and is hitting the treated tooth before your other teeth

Dr. Spradley would like you to return for a recall in one year for an exam and radiograph of the tooth to confirm its health. The visit takes five minutes and there is no charge to you or your insurance.